

ACTIVE LEARNING TEMPLATE: *Nursing Skill*

STUDENT NAME _____

SKILL NAME Cardiac Assessment

REVIEW MODULE CHAPTER _____

Description of Skill

A focused examination of the cardiac system

Indications

Cardiovascular-related signs and symptoms
As part of routine physical examination

Outcomes/Evaluation

Complete report of the findings from the
comprehensive cardiac assessment

Potential Complications

Shortness of breath;
Syncope;
Cardiac failure

CONSIDERATIONS

Nursing Interventions (pre, intra, post)

Pre-test:

Inform the patient of the procedure; obtain informed consent
Confirm that it is the right patient using using tier identifiers (name and date of birth); Perform hand hygiene; Help patient to a comfortable position
Obtain all the necessary equipment

Intra-test:

Observe the patient cues for clues on pain or distress
Inform the patient of the procedure step-wise

Post-test:

Help patient to a comfortable position
Thank them for their cooperation
Document the findings

Client Education

Instruct on the need or why they are getting
the respiratory examination
Explain the procedure
Outline the any risks, complications, and or
benefits associated with the assessment

Nursing Interventions

Ensure the patient is placed in the
appropriate positioning based on the
underlying disease requirements
Sufficiently manage the symptoms of
respiratory failure before hand
Continuously monitor the patient's vital signs
Be swift but comprehensive in the
assessment